

Guidelines for Study and Research Activities at the Grad School of IST Updated on April 15th

The Japanese government has declared a state of emergency for 7 prefectures due to the COVID-19 outbreak, which is effective through May 6th. Meanwhile, Hokkaido has also set a period of concentrated countermeasures against COVID-19 until May 6th. In order to prevent the spread of COVID-19, please follow the guidelines for study and research activities at the graduate school of Information Science and Technology (IST) listed below.

1. Travel restrictions

If you are currently staying outside of Hokkaido, please stay there for a while to prevent the spread of coronavirus infection. Please refer to the [Homepage \(HP\) of the Grad School of IST](#) for information regarding when to return. We will be adding details very soon.

2. Fourteen-day self-imposed isolation after returning to Hokkaido

In response to the request of the Hokkaido government, if you return to Hokkaido from other areas, please refrain from coming to school for 2 weeks in principle while self-monitoring and avoid non-essential contact with others.

3. Guidelines for study **in the spring term (from April 14th (Tue) to June 12th (Fri))**

The courses provided by the Graduate School of Information Science and Technology (IST) have started since April 14th (Tue). All of them will be offered online **until the end of the spring term (June 12th (Fri))** to prevent the spread of coronavirus infection. Please avoid coming to school **until June 12th (Fri)**. For more details, please refer to the HP of the Grad School of IST: <https://www.ist.hokudai.ac.jp/eng/>

4. Guidelines for research activities **until the end of the spring term (June 12th (Fri))**

Please minimize ongoing research activities in the laboratory in consultation with your supervisor. Remote working is strongly recommended and please refrain from coming to school unless you are requested to come to the laboratory by your supervisor.

5. Contact addresses if you have any symptoms

If you have any symptoms of COVID-19, please contact your supervisor as well as the following organizations.

- Educational Affairs Office at Grad School of IST: kyomu-t@ist.hokudai.ac.jp
- Coronavirus public telephone consultation counter: 011-632-4567 (from 9 am to 9 pm)
- Emergency Medical Consultation Center Sapporo: 011-272-7119 (24 hours)

Reference: https://www.city.sapporo.jp.e.ain.hp.transer.com/kinkyu_202002.html

6. Mental Support

If you are anxious or mentally unstable, you can visit the following website and send an e-mail to the counselling room.

<http://labs.eng.hokudai.ac.jp/others/nandemo/>

e-mail: nandemo@eng.hokudai.ac.jp

If you have other inquiries, please contact kyomu-t@ist.hokudai.ac.jp

These guidelines effective from April 15th(Mon), 2020 through June 12th (Fri), 2020.

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